

# HEALTH REBOOT MEMBERSHIPS

At Brisbane Natural Health we believe that health is about so much more than taking supplements and getting treatments. It's about you being empowered and educated to make the right health choices. It's about having awareness about how your own body works. And it's about taking self responsibility and looking at all of you and what works best for you.



## WE HELP PEOPLE LIVE A LIFE THEY LOVE.

### 1. NATUROPATHY APPOINTMENTS

You'll get a schedule of naturopathic appointments booked for you to monitor your progress and make changes as you need to. You'll also get as many check ins (up to 10min) as you need to tweak things along the way.

### 2. EDUCATION

As a member you'll have access to our world class education, including workshops, online learning and more!

### 3. ANCILLARY APPOINTMENTS

To compliment your naturopathic treatment we include appointments with other practitioners in our clinic. This might be working on emotional wellness or body pain or any other issues that you have going on.

	Naturopathy Reboot	Health Reboot	Total Health Reboot
Naturopathy	7	7	7
Ancillary Appointments	X	4	10
Weekly membership investment	\$69 Total Investment \$1242	\$99 Total Investment \$1782	\$149 Total Investment \$2682

Use your ancillary appointments for any of these modalities.

- ✓ 1:1 Nutritional Coaching
- ✓ Energetic Healing
- ✓ Life Coaching
- ✓ Hypnotherapy
- ✓ Acupuncture
- ✓ Remedial Massage
- ✓ Kinesiology

**YOUR MEMBERSHIP INVESTMENT: \$69 - \$149 per week for 18 weeks**

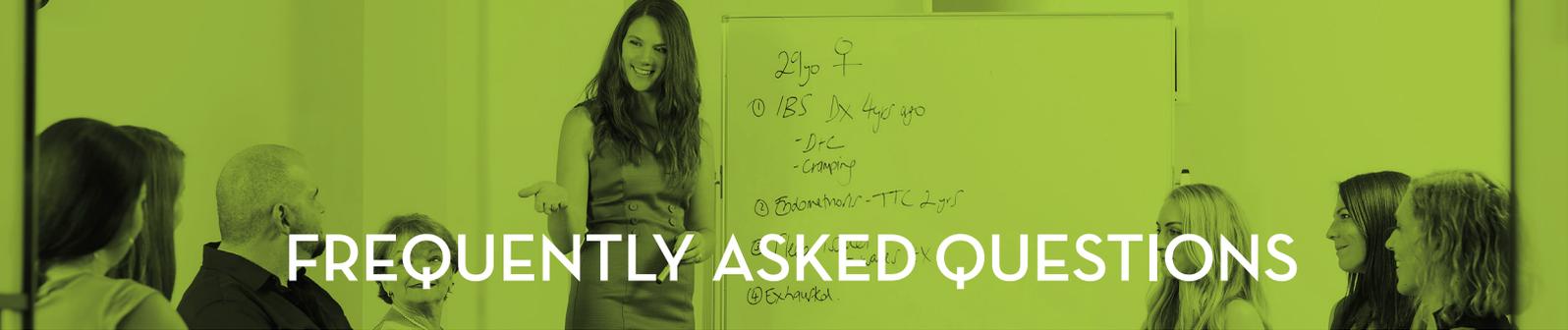
*\*Health fund rebates are available.*

### SUPPLEMENT COSTS

Supplements are paid as you go on a Health Reboot membership. As a general rule, for basic concerns your average supplement investment is between \$50 - \$70 a week. For more chronic or multi-system concerns your average supplement investment is between \$80 - \$100 a week. Ask your naturopath for more precise costing based on your condition.



[www.brisbanenaturalhealth.com.au](http://www.brisbanenaturalhealth.com.au)



# FREQUENTLY ASKED QUESTIONS

## Why be a member?

How different would your life be if you have access to a health support team, working with you to improve your health? Your Health Reboot Membership is designed to help you get healthy and stay that way. Plus you get access to our dream team of practitioners that have helped over 5000 clients to feel great again.

## Can I just go session to session?

We are passionate about giving our clients long and lasting health. We truly believe that it takes more than just 1:1 sessions to achieve total wellness. If a membership is not something that appeals to you, we will happily refer you to another clinic that focuses exclusively on session-to-session care.

## I love it! How do I join?

Call us on 07 3367 0337 or contact your treating practitioner, or you can join at your next booked appointment with us. We can't wait to help you reach your health goals.

## Do I have to become a member?

To see our naturopathic team at Brisbane Natural Health you must be a member of the clinic. After the initial assessment we do not accept clients that are session-to-session care unless they become members (children excluded).

## Why memberships?

Our founding director Katherine Maslen created membership based care because she discovered that without certain elements of care patients would not develop the health habits that they needed to stop their issues from recurring. We are exclusively member only for several reasons:

1. We are a busy practice and our practitioners can only see a certain number of clients at once. We love helping people transform their health and want to be able to give our committed clients 110% so they can get amazing results. Our membership allows us to monitor how many people we help while maintaining our high level of service. We invest a lot of time in the initial consultation (and outside of this in follow up and workshopping your case) and we want to ensure that our clients are going to follow through with their plans.
2. We believe that getting well for life is about more than just taking supplements and getting treatments. The added value in the membership includes key workshops and sessions that we know you need to take your health to the next level – without these, you won't have enough of an understanding of what it takes to be well to maintain the changes we are going to make.
3. Because we believe in the power of community - becoming part of our community means you'll be nurtured and have the support you need to succeed.

## Can I cancel my membership?

Health Reboot Memberships are an initial 18 week commitment. If you cancel your membership during this time, we require 2 weeks notice. A cancellation fee of \$199 will also apply. You can still attend workshops and appointments during the cancellation period (subject to fair use).